

<b>Adult Social Care and Health Select Committee</b>
<b>Review of Day Opportunities for Adults</b>
<b>Outline Scope</b>

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**Which of our strategic corporate objectives does this topic address?**

The review will contribute to the following Council Plan 2021-2024 key objectives (and associated 2021-2022 priorities):

*A place where people are healthy, safe and protected from harm*

- Develop more services to help people to remain safely and independently in their homes for as long as possible and to make sure that they are not lonely.
- Review out of area placements and day options provision for adults to ensure as many services as possible are provided within the Borough.

*A place with a thriving economy where everyone has opportunities to succeed*

- Increase skills and employment prospects including a new Employment and Training Hub to support people back to work and through programmes that target those furthest from employment or employability.

**What are the main issues and overall aim of this review?**

Day opportunities for adults has its origins in legislation introduced under the National Assistance Act 1948 and was further developed under the Chronically Sick and Disabled Persons Act 1970 and the National Health Service Act 1977 (now superseded in the 2014 Care Act).

Through Stockton-on-Tees Borough Council's (SBC) duty to provide services to people with eligible and assessed needs, day opportunities services have constantly evolved to meet local requirements and meet national guidelines. This includes services provided by the Council, commissioned through the independent or voluntary, community and social enterprise (VCSE) sector, and those people who choose to purchase their own support through a Direct Payment.

Whilst the number of people directly impacted by this scrutiny topic is relatively low (less than 1,000) and is shared across a wide range of services offering different levels of support and engagement, the individuals affected are generally some of the Borough's most vulnerable

residents and very often have families and carers whose own wellbeing is directly impacted. Day services are largely utilised by individuals affected by old age, mental ill health, learning disabilities, dementia and autism, conditions which drive some of the greatest inequalities.

However, the profound and continuing impact of COVID-19 has fundamentally changed the way the Council has been able to deliver this service during 2020-2021. In line with Government guidance, building-based day opportunities have been closed for extended periods throughout the pandemic, with building-based offers limited to individuals who have been prioritised by risk. As a result, the Council's day services have developed new remote approaches to support the wellbeing of individuals – this has included offering online groups, wellbeing calls and other initiatives designed to help people stay connected. These changes have caused the Council, people who access its services, and key stakeholders to reflect and review what, who and how day opportunities are offered in Stockton-on-Tees.

This review provides an opportunity to consider and identify options for the remodelling of Day Opportunities Services, primarily to move away from traditional building-based 'service-driven' provision to a 'needs-led' community-focused service which clearly articulates the role of the Council, independent / VCSE assets, stakeholders and volunteering in delivering this model. Critical in any future planning will be the need to ascertain the views of service-users and their families / carers, particularly in light of the considerable impact that the pandemic-related changes to day services will have had on informal carers.

**The Committee will undertake the following key lines of enquiry:**

What are the principal needs of the different people who access day opportunities services (including young people who are transitioning to adult services)?

What services currently exist across the Borough, and how are existing assets utilised across Stockton-on-Tees (including services offered by other departments of the Council, partners, VCSE and volunteers)?

How are people made aware of these services? How do they access them?

How has COVID-19 impacted upon local day opportunities provision (including how this has affected service-users and their families / carers)?

What are the alternatives to a traditional building-based day opportunities offer with greater choice? How do / can providers maximise independence of the people who access services?

How is the voice of service-users sought and responded to in order to continually improve the offer? What are the expectations and involvement of families and informal carers in delivering meaningful day opportunities?

Where can technology be a key solution to enhance the experience of people who access day opportunities provision?

What focus is given to inclusion, community assets and social enterprise?

What national good practice exists around day opportunities and can this influence local provision?

**Who will the Committee be trying to influence as part of its work?**

Council, Cabinet, VCSE sector, service-users and their families / carers

<p><b>Expected duration of review and key milestones:</b></p> <p>6 months (report to Cabinet in March 2022)</p>	
<p><b>What information do we need?</b></p> <p>Existing information (background information, existing reports, legislation, central government documents, etc.):</p> <ul style="list-style-type: none"> <li>• The Care Act (2014) (particularly in relation to the Council's duties around the promotion of wellbeing, developing the market, providing information, personal budgets and direct payments and carers support)</li> <li>• Local Government Association: <i>LGA and CPA Care Market Best Practice #1: Day Services</i> (<a href="https://www.local.gov.uk/lga-and-cpa-care-market-best-practice-1-day-services">https://www.local.gov.uk/lga-and-cpa-care-market-best-practice-1-day-services</a>)</li> <li>• King's College London: <i>Next steps for day centres in south London as they reset, rebuild and renew from the COVID-19 pandemic</i> (<a href="https://blogs.kcl.ac.uk/socialcareworkforce/2021/02/21/next-steps-for-day-centres-in-south-london-as-they-reset-rebuild-and-renew-from-the-covid-19-pandemic/">https://blogs.kcl.ac.uk/socialcareworkforce/2021/02/21/next-steps-for-day-centres-in-south-london-as-they-reset-rebuild-and-renew-from-the-covid-19-pandemic/</a>)</li> <li>• Social Care Institute for Excellence (SCIE): <i>Knowledge Review 14 – Having a good day? A study of community-based day activities for people with learning disabilities</i> (<a href="https://www.scie.org.uk/publications/knowledgereviews/kr14.asp">https://www.scie.org.uk/publications/knowledgereviews/kr14.asp</a>)</li> <li>• Stockton-on-Tees Borough Council: Responses to the Council's September 2020 consultation with people who use day opportunities, families / carers and service providers</li> </ul>	
<p>Who can provide us with further relevant evidence? (Cabinet Member, officer, service user, general public, expert witness, etc.)</p> <p>Local Authority</p> <ul style="list-style-type: none"> <li>• Adults and Health</li> <li>• Children's Services</li> </ul> <p>External Providers (TBC)</p> <p>Tees Valley Clinical Commissioning Group (TVCCG)</p> <p>Catalyst (inc. volunteers)</p>	<p>What specific areas do we want them to cover when they give evidence?</p> <ul style="list-style-type: none"> <li>➤ Needs of those accessing services</li> <li>➤ Current service offer and assets</li> <li>➤ How are services advertised / accessed?</li> <li>➤ Impact of COVID-19 (past / present / future)</li> <li>➤ Potential alternatives to existing provision</li> <li>➤ How are service-users, families and carers consulted about the current / future offer?</li> <li>➤ Examples of good practice further afield</li> <li>➤ Needs of young people transitioning into Adult Services</li> <li>➤ What information is available about services and how is it shared?</li> <li>➤ As above</li> <li>➤ Previously commissioned services and the subsequent impact of COVID-19</li> <li>➤ Future commissioning priorities / planning around day opportunities for adults</li> <li>➤ The role of the voluntary and community sector in supporting people to access opportunities in their communities</li> </ul>

<p>Service-Users / Families / Carers (inc. Co-Production Group Representatives) ➤ Views on existing / future services – what should be retained / adapted / changed?</p>
<p><b>How will this information be gathered? (eg. financial baselining and analysis, benchmarking, site visits, face-to-face questioning, telephone survey, survey)</b></p> <p>Committee meetings, reports, research, reviewing existing service feedback, site visits (TBC).</p>
<p><b>How will key partners and the public be involved in the review?</b></p> <p>Committee meetings, information submissions, site visits (TBC)</p>
<p><b>How will the review help the Council meet the Public Sector Equality Duty?</b></p> <p>The Public Sector Equality Duty requires that public bodies have due regard to the need to advance equality of opportunity and foster good relations between different people when carrying out their activities. This review will be mindful of these factors.</p>
<p><b>How will the review contribute towards the Joint Strategic Needs Assessment, or the implementation of the Health and Wellbeing Strategy?</b></p> <p><u>Stockton Joint Strategic Needs Assessment (JSNA): Vulnerable Groups</u> – The health needs of vulnerable groups are often complex and require a co-ordinated and flexible response from services. It is easy for clients to fall into the gaps between different services leading to unplanned care and the risk of clients revolving through the system.</p> <p><u>Stockton-on-Tees Joint Health and Wellbeing Strategy 2019-2023:</u> All people in Stockton-on-Tees live well and live longer – live healthier and more independent lives; feel enabled to self-care and to be a carer; access information, early identification and early help services; access a range of services and the care that meets their needs.</p>
<p><b>Provide an initial view as to how this review could lead to efficiencies, improvements and/or transformation:</b></p> <p>This review can assist in identifying a day opportunities for adults offer that:</p> <ul style="list-style-type: none"> <li>• Supports people to do the things that are meaningful to them and helps individuals to live the life they want to live.</li> <li>• Enables people to establish and grow relationships in their communities, and supports people to be active and valued members of their communities.</li> <li>• Is developed based upon the needs and views of the people it supports (and their families and carers), and provides people who access services with choice over how they want to meet their assessed needs.</li> <li>• Supports people to develop the confidence, skills, relationships and abilities that can maximise their control over their lives and access to opportunities.</li> <li>• Makes full use of existing community facilities and resources as well as opportunities that technology can offer.</li> <li>• Promotes collaborative working across communities and sectors to deliver outcomes that individuals have identified as important and can act as a signposting mechanism to other services.</li> <li>• Enables early intervention and preventative services and reduce levels of isolation.</li> <li>• Is mindful and responsive to national best practice.</li> </ul>

<b>Project Plan</b>
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<b>Key Task</b>	<b>Details/Activities</b>	<b>Date</b>	<b>Responsibility</b>
<b>Scoping of Review</b>	Information gathering	<b>June 2021</b>	Scrutiny Officer Link Officer
<b>Tri-Partite Meeting</b>	Meeting to discuss aims and objectives of review	<b>12.07.21</b>	Select Committee Chair and Vice Chair, Cabinet Member(s), Director(s), Scrutiny Officer, Link Officer
<b>Agree Project Plan</b>	Scope and Project Plan agreed by Committee	<b>20.07.21</b>	Select Committee
<b>Publicity of Review</b>	Determine whether Communications Plan needed	<b>TBC</b>	Link Officer, Scrutiny Officer
<b>Obtaining Evidence</b>	SBC Adults & Health  Catalyst (inc. volunteers)  SBC Children's Services TVCCG TEWV  External Providers (TBC) Service-Users / Families / Carers (inc. Co-Production Group Representatives)	<b>14.09.21</b>  <b>12.10.21</b>  <b>23.11.21</b>  <b>21.12.21</b>	Select Committee
<b>Members decide recommendations and findings</b>	Review summary of findings and formulate draft recommendations	<b>18.01.22</b>	Select Committee
<b>Circulate Draft Report to Stakeholders</b>	Circulation of Report	<b>January 2022</b>	Scrutiny Officer
<b>Tri-Partite Meeting</b>	Meeting to discuss findings of review and draft recommendations	<b>TBC</b>	Select Committee Chair and Vice Chair, Cabinet Member(s), Director(s), Scrutiny Officer, Link Officer
<b>Final Agreement of Report</b>	Approval of final report by Committee	<b>15.02.22</b>	Select Committee, Cabinet Member, Director
<b>Consideration of Report by Executive Scrutiny Committee</b>	Consideration of report	<b>[22.03.22]</b>	Executive Scrutiny Committee
<b>Report to Cabinet/Approving Body</b>	Presentation of final report with recommendations for approval to Cabinet	<b>17.03.22</b>	Cabinet / Approving Body